



Dear Stakeholders,

April is a significant month for the Georgian Bay Cancer Support Centre, as nearly 7 years ago we opened our doors to provide local support to members of our community living with cancer, their families and caregivers. Since opening our doors back in 2011, we have welcomed over 400 members and have provided countless hours of programming, services, support and laughter! Our goal in 2018 is to continue to build awareness in our community and more specifically with our local health care providers, hence the Day of Hope. A day when members of the community can walk through our doors and experience first-hand the programs and services we provide at no charge. April 11<sup>th</sup> promises to be an inspiring day, filled with activities for all ages. We are super excited to welcome Dr. Martin McNamara as our guest speaker at noon, as he presents 'Sharing a Cancer Diagnosis' with local health care professionals.

Take that brave step and walk through our doors on April 11<sup>th</sup> – I promise, it will change your life!

Suzanne Beatty,  
Executive Director

## PROGRAM UPDATES & TIME CHANGES FOR MARCH

- ❖ **Let's Create** – Please note we will be posting the schedule Art projects for the month
- ❖ **REIKI** – April 18<sup>th</sup> & 25<sup>th</sup> - 3 sessions on each day 4:30 pm & 5:45 pm
- ❖ **Strength & Tone with Dino** – Please note class is cancelled on April 5<sup>th</sup>

## NEW PROGRAMS IN MARCH

- ❖ **Member Advisory Meeting** – April 10<sup>th</sup> from 11:30 am – 1:00 pm (all welcome)
- ❖ **HeARTfull Creations** – April 4<sup>th</sup> & 18<sup>th</sup> from 1:00 pm – 3:00pm (Strawberry Tea Crafts) All Welcome
- ❖ **Zumba is Back** – Every Monday in April starting on the 9<sup>th</sup> from 11:00am – 12:00pm

## EDUCATION & INFORMATION SESSIONS – THURSDAY'S FROM 12:45PM – 1:45 PM

**April 5<sup>th</sup>** – Family Health Team Services Overview

**April 12<sup>th</sup>** – Tea & Cake Social

**April 19<sup>th</sup>** – What is Spiritual Care?

**April 26<sup>th</sup>** – Champlain Farma Presentation

**April Calendars are available on the GBCSC website or stop by reception!**



**MEMBERS CORNER:** The Member Advisory Committee is a great way for members to share their feedback, ideas and suggestions to the GBCSC staff. We want members to enjoy the centre and all it has to offer, let us figure out the details. Remember if you wish to write a confidential comment, the secure lock box is located at the entrance and is only accessed by the Board Chair.

**COMMUNITY PARTNERSHIP:** We would like to thank Huronia Players for partnering with the Georgian Bay Cancer Support Centre on a special project as they present Calendar Girls. The show runs from May 4th to 19th.....stay tuned for more details!



## SAVE THE DATES

- ❖ April 11<sup>th</sup> – Day of Hope
- ❖ April 27<sup>th</sup> – Comedy Night – Lot 102
- ❖ April 28<sup>th</sup> – Elmvale Maple Syrup Festival
  - ❖ May 31<sup>st</sup> – In Loving Memory
  - ❖ June 9<sup>th</sup> – Butter Tart Festival
  - ❖ June 24<sup>th</sup> – Strawberry Tea
  - ❖ August 25<sup>th</sup> – Cycle Camelot

The poster features a yellow background with a decorative floral border at the top. The text reads: "a day of HOPE OPEN HOUSE" in large, bold letters. To the right of "HOPE" is a small rainbow awareness ribbon logo and the text "Georgian Bay Cancer Support Centre HOPE lives here". Below this, a black banner contains the date "WEDNESDAY, APRIL 11, 2018". At the bottom, the hashtags "#LOCALCANCERSUPPORT" and "#HOPELIVESHHERE" are displayed.

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